



# Breaking Free Counseling Services

## CONSENT TO RELEASE VERBAL/WRITTEN INFORMATION

PATIENT: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_  
(Last Name) (First) (Middle)

ADDRESS: \_\_\_\_\_ SS #: \_\_\_\_/\_\_\_\_/\_\_\_\_  
\_\_\_\_\_

I, the undersigned patient or legal guardian, hereby authorizes Breaking Free Services to release verbal and/or written information from my confidential patient file to the following:

- Family/Significant Other
- Facility or Agency Representative
- Attorney
- Clergy
- Therapist or M.D.
- Other

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

ADDRESS: \_\_\_\_\_ FAX: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
\_\_\_\_\_

Information to be released:  Billing Information (incl. dates of office visits)  
 Patient Records (see exception below)

This right is subject to certain legal restrictions.  
It does not apply to psychotherapy notes or information compiled for judicial hearings.

I understand that I have a right to view or get copies of my health information. I understand that the information released may be mental health or substance abuse related. I understand that I will be charged a reasonable cost-based fee for expenses such as copies and staff time.

I further understand that the above consent can be withdrawn by me, in writing, at anytime. I cannot, however, hold exception to actions to have taken place before I withdrew my consent. The information with is being disclosed is from records who's confidentiality is protected by Federal Law. Regulation 42-CRF Part 2 prohibits disclosure without the written consent of the person whom it pertains.

\_\_\_\_\_/\_\_\_\_/\_\_\_\_  
(Patient's Signature) (Date)

\_\_\_\_\_/\_\_\_\_/\_\_\_\_  
(Parent's/Legal Guardian's Signature – if patient is a minor) (Date)

\_\_\_\_\_/\_\_\_\_/\_\_\_\_  
(Witness' Signature) (Date)